



# SETIAWALK MALL

Spring Term Schedule  
Jan 29<sup>th</sup> until April 29<sup>th</sup> 2018

Ph. 03-5879 2000  
rockstar-gym.com.my

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday							
	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports	G	1	2	Sports				
10:00					Jumper 24-35 mo				Walker 12-23 mo					Baby Dance 1-3 yrs			Jumper 24-35 mo					Baby Yoga 1-3 yrs								Baby Dance 1-3 yrs		
11:00						Baby Dance 1-3 yrs				Baby Dance 1-3 yrs			Jumper 24-35 mo					Baby Dance 1-3 yrs			Walker 12-23 mo								Jumper 24-35 mo			
12:00														Baby Ballet 2-3 yrs					Baby Yoga 1-3 yrs		Tots 3-4 yrs	Baby Ballet 2-3 yrs	Baby Dance 1-3 yrs						Move& Groove 3-5 yrs			RockFit L1 6+ yrs
13:00	Walker 12-23 mo																				Jumper 24-35 mo	P-Ballet 1/2 3-5 yrs	Move& Groove 3-5 yrs	Futsal U7	Tots 3-4 yrs			H-Hop L1 6+ yrs	Basket U7			
14:00		Baby Dance 1-3 yrs				Tots 3-4 yrs								P-Ballet 1/2 3-5 yrs				Tots 3-4 yrs			Gym L1 4-7 yrs	PP/P Ballet 5+ yrs	Baby Dance 1-3 yrs	Tennis U16 & U12				Rock-Jam 4-7 yrs	Basket U16 & U12			
15:00						Move& Groove 3-5 yrs	Yoga L1 4-7 yrs							Tots 3-4 yrs	PP/P Ballet 5+ yrs				Move& Groove 3-5 yrs		Gym L1 6-12 yrs	Ballet Gr. 1 5+ yrs	S. Studio 6-12 yrs	Tennis U7	Gym L1 4-7 yrs				Futsal Pro			
16:00				Basket Pro U7	Gym L1 4-7 yrs		Yoga L1 6+ yrs					Tennis U7	Gym L1 4-7 yrs	Ballet Gr. 1 5+ yrs	Move& Groove 3-5 yrs		Gym L1 4-7 yrs				Gym L1 4-7 yrs	Rock-Jam 4-7 yrs	Yoga L1 6+ yrs	Futsal U16 & U12	Gym L1 6-12 yrs	Cheer L1 4-7 yrs	Martial Arts 4-7 yrs	U16 & U12				
17:00	Gym L1 4-7 yrs	S. Studio 6-12 yrs			Gym L1 6-12 yrs	Rock-Jam 4-7 yrs			Gym L1 4-7 yrs			Tennis U16 & U12		S. Studio 6-12 yrs					Futsal Pro U7		Rock-Jam 4-7 yrs			Tennis U16 & U12	Gym L1 6-12 yrs		Yoga L1 4-7 yrs	Basket Pro U7	Cheer L1 7-12 yrs	Tkd. 6+ yrs		Futsal Pro U7
18:00			Rock-Jam 4-7 yrs	Basket Pro U7		S. Studio 6-12 yrs		Basket U7		S. Studio 4-7 yrs	Tkd. 6+ yrs		Gym L1 6-12 yrs	S. Studio 4-7 yrs					Futsal U7	Gym L1 6-12 yrs	Cheer L1 4-7 yrs			Tennis U7			Basket U7	Gym L2 6-12 yrs		Tkd. 6+ yrs		U7
19:00	Gym L1 6-12 yrs	PP/P Ballet 5+ yrs		U16 & U12				Basket Pro U7	Gym L1 6-12 yrs	Cheer L1 4-7 yrs	Martial Arts 4-7 yrs	Basket Pro U7							Futsal Pro U7	Gym L2 6-12 yrs	Cheer L1 7-12 yrs	Tkd. 6+ yrs					Basket Pro U7					
20:00								U16 & U12		Cheer L1 7-12 yrs		Basket Pro U16 & U12								U16 & U12								H-Hop L1 6+ yrs			U16 & U12	



# WHAT'S NEW?

## IMPROVE FASTER

ALL AGES • ALL GENRES

PRIVATE INSTRUCTION  
10 sessions

ONE ON ONE

SEMI PRIVATE

### BENEFITS

*Individualized Coaching*  
**FOCUSED ON KID'S OWN SKILLS**  
DEVELOP MORE CONFIDENCE  
*Flexible Schedule*

**Rock Olympics 2018**

**CELEBRATING ACHIEVERS**  
COMING SOON!

INTRODUCING

**TWEEN/TEEN GYMNASTICS**  
LEVEL 2

in SPRING TERM 2018

## CLASSIFICATION OF CLASSES

Gymnastics	Dance	Ballet	Martial Arts	Yoga & Fit	Futsal	Basketball	Tennis	Swimming
Crawler 6-11 months	Baby Dance 1-3 years	Baby Ballet 2-3 years	Intro to MA 4-7 years	Baby Yoga 1-3 years	Futsal U7	Basketball U7	Tennis U7	M&M Beginner 6-35 months
Walker 12-23 months	Move n Groove 3-5 years	Pre-Ballet 1/2 3-5 years	Taekwondo White 6+ years	Yoga 4-7 years	Futsal U12	Basketball U12	Tennis U12	M&M Intermediate 3-4 years
Jumper 24-35 months	Stage Studio 4-7 years	Pre-Primary/Primary Ballet 5+ years	Taekwondo Yellow-Black 6+ years	Yoga 6-12 years	Futsal U16	Basketball U16	Tennis U16	M&M Advance 5-6 years
Tots Gym 3-4 years	RockJam 4-7 years	Ballet Grade 1-8 5+ years	Taekwondo Elite By Audition	Yoga 11+ years				Stroke Development L1-up
Kids Gym L1 4-7 years	RockJam 6+ years							
Kids Gym L2-up 4-7 years	Stage Studio 6-12 years							
Tween Gym L1 6-12 years	HipHop Beg. 7+ years							
Tween Gym L2-up 6-12 years								
Teen Gym 11+ years								

### CONNECT WITH US ON:



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Visit Our **Website**

[www.rockstar-gym.com.my](http://www.rockstar-gym.com.my)

### RULES



BE THERE  
**10 MINUTES**  
BEFORE  
THE CLASS

WEAR

A PROPER  
**OUTFIT**



TAP YOUR CARD BEFORE  
YOU START THE CLASS.

**HAVE FUN!**