



THE MINES

ACTIVITY CLASSES

Spring Term Schedule
Jan 29th until April 29th 2018

Ph. 03-8959 2080
rockstar-gym.com.my

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday									
	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3	G	1	2	3						
10:00							Baby Dance 1-3 yrs		Walker 12-23 mo							Crawler 6-11 mo						Baby Dance 1-3 yrs		Walker 12-23 mo		Baby Dance 1-3 yrs		Jumper 24-35 mo						
11:00								Jumper 24-35 mo			Baby Dance 1-3 yrs				Baby Dance 1-3 yrs		Jumper 24-35 mo					Jumper 24-35 mo				Baby Yoga 1-3 yrs				Baby Dance 1-3 yrs				
12:00											Baby Ballet 2-3 yrs					Baby Yoga 1-3 yrs							Gym L1 6-12 yrs						Baby Ballet 2-3 yrs	Tkd. 6+ yrs				
13:00																		Tots 3-4 yrs					Gym L1 4-7 yrs		Move & Groove 3-5 yrs	Yoga L1 6+ yrs	Gym L1 6-12 yrs	PP/P Ballet 5+ yrs		Martial Arts 4-7 yrs				
14:00			Move & Groove 3-5 yrs								P-Ballet 1/2 3-5 yrs					Yoga L1 4-7 yrs					Move & Groove 3-5 yrs		Tots 3-4 yrs		Yoga L1 4-7 yrs		PP/P Ballet 5+ yrs	Move & Groove 3-5 yrs	Tkd. 6+ yrs					
15:00		P-Ballet 1/2 3-5 yrs	S. Studio 4-7 yrs				S. Studio 4-7 yrs		Tots 3-4 yrs	PP/P Ballet 5+ yrs	Rock-Jam 4-7 yrs				Move & Groove 3-5 yrs		Gym L1 4-7 yrs							Gym L1 6-12 yrs	S. Studio 4-7 yrs		Gym L1 6-12 yrs	P-Ballet 1/2 3-5 yrs		Tkd. 6+ yrs				
16:00	Gym L1 4-7 yrs	PP/P Ballet 5+ yrs					S. Studio 6-12 yrs		Gym L1 6-12 yrs	Ballet Gr.1 5+ yrs						Gym L1 4-7 yrs		Yoga L1 6+ yrs			S. Studio 6-12 yrs	Martial Arts 4-7 yrs	Gym L2 6-12 yrs	Cheer L1 4-7 yrs	H-Hop L1 6+ yrs		Tots 3-4 yrs	Ballet Gr. 1 5+ yrs	S. Studio 6-12 yrs					
17:00	Gym L1 6-12 yrs	Cheer L1 4-7 yrs		Martial Arts 4-7 yrs	Gym L1 6-12 yrs					Gym L2 6-12 yrs		S. Studio 4-7 yrs				Gym L1 6-12 yrs	Cheer L1 4-7 yrs	Rock-Jam 4-7 yrs					Gym L1 4-7 yrs	Cheer L1 6-12 yrs	Rock-Jam 4-7 yrs		Gym L1 4-7 yrs		Rock-Jam 4-7 yrs					
18:00		Cheer L1 6-12 yrs		Tkd. 6+ yrs													Cheer L1 6-12 yrs						Gym L1 11+ yrs			Tkd. 6+ yrs			RockFit 6+ yrs				Rock-Jam 6-12 yrs	

WHAT'S NEW?

IMPROVE FASTER

ALL AGES • ALL GENRES

PRIVATE INSTRUCTION

10 sessions

ONE ON ONE

SEMI PRIVATE

BENEFITS

Individualized Coaching
FOCUSED ON KID'S OWN SKILLS
 DEVELOP MORE CONFIDENCE
Flexible Schedule

Rock Olympics 2018

CELEBRATING ACHIEVERS
 COMING SOON!

INTRODUCING

TWEEN/TEEN GYMNASTICS
 LEVEL 2

in SPRING TERM 2018

CLASSIFICATION OF CLASSES

Gymnastics	Dance	Ballet	Martial Arts	Yoga & Fit	Futsal	Basketball	Tennis	Swimming
Crawler 6-11 months	Baby Dance 1-3 years	Baby Ballet 2-3 years	Intro to MA 4-7 years	Baby Yoga 1-3 years	Futsal U7	Basketball U7	Tennis U7	M&M Beginner 6-35 months
Walker 12-23 months	Move n Groove 3-5 years	Pre-Ballet 1/2 3-5 years	Taekwondo White 6+ years	Yoga 4-7 years	Futsal U12	Basketball U12	Tennis U12	M&M Intermediate 3-4 years
Jumper 24-35 months	Stage Studio 4-7 years	Pre-Primary/Primary Ballet 5+ years	Taekwondo Yellow-Black 6+ years	Yoga 6-12 years	Futsal U16	Basketball U16	Tennis U16	M&M Advance 5-6 years
Tots Gym 3-4 years	RockJam 4-7 years	Ballet Grade 1-8 5+ years	Taekwondo Elite By Audition	Yoga 11+ years				Stroke Development L1-up
Kids Gym L1 4-7 years	RockJam 6+ years							
Kids Gym L2-up 4-7 years	Stage Studio 6-12 years							
Tween Gym L1 6-12 years	HipHop Beg. 7+ years							
Tween Gym L2-up 6-12 years								
Teen Gym 11+ years								

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For Further Information
 Visit Our **Website**

www.rockstar-gym.com.my

RULES



BE THERE
10 MINUTES
 BEFORE
 THE CLASS

WEAR

A PROPER
OUTFIT



TAP YOUR CARD BEFORE
 YOU START THE CLASS.

HAVE FUN!

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