





# WHAT'S NEW?

## IMPROVE FASTER

ALL AGES • ALL GENRES

PRIVATE INSTRUCTION  
10 sessions

ONE ON ONE

SEMI PRIVATE

### BENEFITS

*Individualized Coaching*  
**FOCUSED ON KID'S OWN SKILLS**  
DEVELOP MORE CONFIDENCE  
*Flexible Schedule*

**Rock Olympics 2018**

**CELEBRATING ACHIEVERS**  
COMING SOON!

INTRODUCING

**TWEEN/TEEN GYMNASTICS**  
LEVEL 2

in SPRING TERM 2018

## CLASSIFICATION OF CLASSES

Gymnastics	Dance	Ballet	Martial Arts	Yoga & Fit	Futsal	Basketball	Tennis	Swimming
Crawler 6-11 months	Baby Dance 1-3 years	Baby Ballet 2-3 years	Intro to MA 4-7 years	Baby Yoga 1-3 years	Futsal U7	Basketball U7	Tennis U7	M&M Beginner 6-35 months
Walker 12-23 months	Move n Groove 3-5 years	Pre-Ballet 1/2 3-5 years	Taekwondo White 6+ years	Yoga 4-7 years	Futsal U12	Basketball U12	Tennis U12	M&M Intermediate 3-4 years
Jumper 24-35 months	Stage Studio 4-7 years	Pre-Primary/Primary Ballet 5+ years	Taekwondo Yellow- Black 6+ years	Yoga 6-12 years	Futsal U16	Basketball U16	Tennis U16	M&M Advance 5-6 years
Tots Gym 3-4 years	RockJam 4-7 years	Ballet Grade 1-8 5+ years	Taekwondo Elite By Audition	Yoga 11+ years				Stroke Development L1-up
Kids Gym L1 4-7 years	RockJam 6+ years							
Kids Gym L2-up 4-7 years	Stage Studio 6-12 years							
Tween Gym L1 6-12 years	HipHop Beg. 7+ years							
Tween Gym L2-up 6-12 years								
Teen Gym 11+ years								

### CONNECT WITH US ON:



rockstargymmalaysia



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For Further Information  
Visit Our **Website**

[www.rockstar-gym.com.my](http://www.rockstar-gym.com.my)

### RULES



BE THERE  
**10 MINUTES**  
BEFORE  
THE CLASS

WEAR

A PROPER  
**OUTFIT**



TAP YOUR CARD BEFORE  
YOU START THE CLASS.

**HAVE FUN!**





# TROPICANA CITY MALL

## SPORTS CLASSES

Spring Term Schedule  
Jan 29<sup>th</sup> until April 29<sup>th</sup> 2018

Ph. 03-7733 4178  
rockstar-gym.com.my

Time	Monday Sports 1	Tuesday Sports 1	Wednesday Sports 1	Thursday Sports 1	Friday Sports 1	Saturday Sports 1	Sunday Sports 1
10:00							
11:00						Basket <b>Pro</b>	
12:00						U7	Futsal U7
13:00						Basket <b>Pro</b>	Futsal U16 & U12
14:00			Futsal U7			U16&U12	Tennis U7
15:00	Futsal U7		Basket U7			Futsal U16 & U12	Tennis U7
16:00	Futsal U16 & U12		Basket U16 & U12			Futsal U7	Basket U7
17:00	Basket U7	Tennis U7		Tennis U7	Basket U7	Tennis U16 & U12	Tennis U16 & U12
18:00	Basket U16 & U12		Futsal U16 & U12	Tennis U16 & U12	Basket U16 & U12	Tennis U7	Basket <b>Pro</b>
19:00						<b>OPEN PLAY</b> Basket U16&U12+Parents	U16&U12
20:00							



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